

Symptoms of UTI

Dysuria
Frequency
Urgency
Visible haematuria
Nocturia

Woman presents with UTI symptoms either walk-in or referral

Take to consultation room

Register patient via Think Pharmacy
First patient registration service

Start UTI PGD consultation

Presents with 1 symptom – antibiotics not indicated

Provide selfcare advice, both leaflets, and safe netting instructions. Advise you will ring on day 3 and 7. Provide urine sample bottle in case symptoms worsen and needs to return for new consultation.

Day 3 or day 7 – if symptoms have worsened, ask patient to bring in a sample and start a new consultation

Presents with 2 or more symptoms

Provide urine sample bottle and ask patient to bring sample back

Dipstick the sample

Sample negative for nitrites – antibiotics not indicated

Sample positive for nitrites – check PGD exclusions and cautions and if appropriate, supply nitrofurantoin

Provide leaflets and safety netting instructions. Advise you will ring on day 3 and 7.

Day 3 or day 7 – if symptoms have worsened, consider escalating to GP and support patient to book an appointment.

When giving a urine sample bottle with selfcare advice, advise patient to keep it for next time or if needed as part of your follow-up calls on day 3 and 7.